

2025/3/3-3/28

medical exchange program at Khon Kaen University

Kana Arai
Wakayama medical university

Why I chose this program

I wanted to go to study abroad from the beginning, but I couldn't go because I was a captain in the club. When I became a fifth grader, I thought this was my last chance to study abroad as a student, so I tried. I chose Thailand because I wanted to compare medical differences and English usage in a country where English is the same second language as Japan.

Departments I chose

Plastic surgery



I spent two weeks in plastic surgery. I went to plastic surgery for only two days in WMU, but I heard that cosmetic surgery is famous in Thailand, so I chose it. As I heard, even elderly people are active in beauty, and I was able to see thread lifts and double eyelid surgery that are not seen in Japanese universities. I also participated in operations such as cleft lip, skin flap, burns, and mastectomy. Plastic surgery is one of the hardest departments in Thailand, and doctors are responsible and proud of their work.

ENT



I spent another two weeks in ENT. I acted with a total of four people, two at Chulalongkorn University and one at Chiang Mai University. I had a lecture from 7:30 am and woke up at 6:00 am every day. Despite the early morning, Thai students were taking notes and asking questions to residents. ENT is a very popular department for female doctors who want to do operations. The quick and steady performance of the operation has become my ideal form in the future.

Accommodation

I stayed in an apartment 10 minutes walk from the hospital. There are many restaurants and cafes around the university, so I didn't have to worry about where to eat. The apartment doesn't have a washing machine, so I used a laundromat. Many daily necessities are made in Japan and Korea, and I bought them whenever there was a shortage.



My experience in Khon Kaen

This was my first time studying abroad. I was never good at English, but my goal was to talk to many people actively. I think that I was able to achieve that goal this time. Everyone in Thailand was really nice. At the hospital, students and teachers translated Thai into English for me. I was taken to dinner, a dog cafe, a bar, karaoke, golf, badminton, a Thai massage ,etc after school and on holidays. I had a very fulfilling month. Thank you, O san, International relations office staff, doctors, students and people who helped me.



Travel

I went to Pattaya with my friend on the weekend. It took about four hours by plane and then by bus. There were many tourists in Pattaya, and everyone enjoyed the beach, seafood and sightseeing. I took pictures with tigers and went to Sanctuary of Truth. Also, I stayed in Bangkok for one day because I have to change planes in Bangkok to go back to Japan.

